

The Food Bank Farm



The Food Bank Farm was created in response to an obvious need in the community of Sault Ste. Marie for fresh produce to supplement the food currently provided to individuals and families in need via the food bank system that exists within the city.

We operate the farm on a not-for-profit basis, and are dedicated to producing the maximum volume of a variety of high quality, nutritious produce items to those in the community who lack the financial resources to obtain food through traditional retail outlets.

The objective of the Food Bank Farm is to produce high quality vegetables for families in need. We grow, harvest, wash and package the food items, then deliver them to our partner the Soup Kitchen, who coordinates delivery of the food through their food bank located at 172 James Street in Sault Ste Marie. The successful operation of the farm is entirely supported by financial donations from within the community. We thank our donors for their ongoing support and generosity.

What's Happening At The Farm - It's planting season



We have been very busy planting a wide variety of vegetables at the farm. The tomatoes have all been planted, and Isabelle installed the support cages recently.

If you drove past the farm you would see hundreds of broccoli plants growing in neat rows. Seeds for swiss chard, spinach, radish, turnips, carrots and beets have all germinated and are growing well, and each week more rows are seeded to ensure a constant supply over the rest of the summer. Transplants are put out each week, and the field is filling steadily with beans, kohlrabi, and romaine lettuce. Over the coming few days we will set out hundreds of squash plants and peppers.

Are you interested in gardening? Volunteers are always welcome to join us at the farm. In fact we could use a bit of extra help this weekend if you have some spare time – call us at 705-255-1459 or reply to this e-mail if you are interested.

Supporters – Sandro’s Restaurant



We want to extend a special thank you to the owners and staff at Sandro's Restaurant, located at 465 Trunk Road here in Sault Ste. Marie.

Recently they ran a great facebook promotion in support of the Food Bank Farm, which resulted in a very generous donation to the project.

With their help, a large number of families in the city will be receiving their first food hampers a little later in the summer.

We will tell you about those first hamper deliveries through another one of these news letters, so stay tuned.

In the meantime, why not visit Sandro's the next time you are looking for handmade Italian pasta dishes and North American comfort food.

Whether you're craving traditional Italian food, like handmade ravioli, or something classic and hearty, like a double burger, Sandro's options are sure to satisfy even the pickiest of eaters, including your kids. Sandro's is open seven days a week serving breakfast, lunch and dinner to hungry locals and visitors.

Partners - Our website foodbankfarm.ca goes live!

We also want to thank Jeronamo Solutions who are the creator of our new foodbankfarm.ca website.

The website has great features which tell our story, and allows interested people to make a safe and secure online donation directly to the project.

We are very happy with how the site looks and works, and we plan to continue to add more information to the site as we move along.

If you haven't had a chance yet, consider checking out the website.

And if you need a website of your own, or other business services such as social marketing, content marketing or sales support, they are located at 83 Huron Street (the old mill site), or call 705-910-0436

Get Involved – Your chance to help out!



Did you know that, in addition to being able to contribute to the work of the food bank farm via a charitable donation on our website, you can also participate in farming activities?

No experience is necessary; we will teach you what to do.

Weekends are a great time to visit the farm, there is always a lot going on.

Right now we are planting, irrigating, rototilling, seeding, and weeding.

Come on out and give it a try, stay for as long as you want, and bring clothes you can get dirty!

A sun hat is always a good idea, and a snack/lunch if you plan to stay for a while.

Give us a call first at 705-255-1459 and we will give you directions to the farm, it's not far, only about 10km from downtown!

Please pass this newsletter on to any friends who you know who might be interested.

To join our distribution list, please respond to this e-mail with "add me" in the subject line.

If you don't want to get copies of our newsletter, simply respond with "delete me" in the subject line.